

Newsletter





JULY 2009

Thine, O LORD is the greatness, and the power, and the glory, and the victory, and the majesty: for all that is in the heaven and in the earth is thine; thine is the kingdom, O LORD, and thou art exalted as head above all.
1 Chronicles 29:11

Peace to all the Brothers and Sisters of the Israel of God Bible Study Classes.

BULLETIN!

The I.O.G. Newsletter is now a quarterly newsletter. Below is the schedule for the newsletter release dates and the months that each will cover:




-  **April** (Covers months Jan. thru March)
-  **July** (Covers months April thru June)
-  **October** (Covers months July thru Sept.)
-  **January** (Covers months Oct. thru Dec.)

The Deadline for submitting information to go into the Newsletter will be the 20TH of March, June, September, and December. If your information isn't received before the deadline dates it will have to wait for the next issue of the Newsletter. If you have an article you would like to submit to the Newsletter or have important information that you would like to share with the class, please contact one of the editors or leave it in the mailbox in the office before the deadline date. Please include your phone number. **EVERYTHING MUST BE ON DISC (FLOPPY or CD) or in Printable Form to run as is, or Send it to the Newsletter Staff via email to NL@theisraelofgodrc.com** Thank you!

Latest News...



New Moons for July~Sept.

-  July 22nd, 2009 at 4:35 AM.
-  August 20th, 2009 at 12:02 PM.
-  September 18th, 2009 at 8:45 PM.

Annual Summer Giveaway...

The Summer Giveaway will be on **July 12, 2009**. Please bring your clean clothes and shoes to the I.O.G. and take them to the second floor on the east side of the building. Also, write on the bag whether the clothes are for male or female or infants and the sizes.



Wedding Anniversary...

George and Angela Kelly celebrated 10 years of marriage on June 12, 2009.

Clean Cook Book...

The I.O.G. is putting together a Clean Cook Book and is looking for recipes from class members. If you have a recipe for a favorite dish, drink or baked goods please submit them to Bro. Benjamin Evans, Sis. Theresa Evans or Sis. Clementine Green.

Birth Announcements...

-  Congratulation to the Jackson family on the birth of their son, Jeremiah Dixon on June 2, 2009
-  Congratulations to James and Melinda Anderson on the birth of their daughter, Jahnay Mariah Anderson on June 10, 2009.



Graduations for June '09

(Submitted to the Newsletter)

Jordan Hobson

Thornwood High School

Will attend Parkland College in Champaign, IL or Western Illinois University, Malcolm, IL

Khanisha Hobson

Bennett College in North Carolina (HBCU) Bachelors in Business Administration with Honors.

Waiting for acceptance to graduate school at Loyola University at Chicago

Dacia Hobson

Accepted in Loyola University's graduate program Fall, 2009

Tameka Maxwell

National Louis University with a Bachelors degree in Management Information Systems (MIS)

Sheena Evans

DePaul University with a Bachelor of Science-Commerce (BSC) degree in Business Administration

2009 HOLY DAYS (Sept-October)

MEMORIAL OF BLOWING OF TRUMPETS

Saturday, September 19th at Sundown

THE DAY OF ATONEMENT

Monday, September 28th at Sundown

THE FEAST OF TABERNACLES

(1st Night) Saturday, October 3rd at Sundown

THE 8TH DAY FEAST

Saturday, October 10th at Sundown



The First Black President: John Hanson

by Bro. Mahalaleel

Reality can be stranger than fiction sometimes. We have been told that George Washington was the first President of the United States of America. But is this true? George Washington was not the first president of the United States. He was the first President of the United States of America, *under the Constitution we follow today*, but John Hanson was the first President of the United States *under the *Articles of Confederation*. The first seven presidents are forgotten in history. After Hanson, there was Elias Boudinot (1783), Thomas Mifflin (1784), Richard Henry Lee (1785), Nathan Gorman (1786), Arthur St. Clair (1787), and Cyrus Griffin (1788); All of them holding the office before Washington. Notice that all of them held office for only 1 year.

So what happened? Why isn't he mentioned in history books?

You would have to search diligently to find information about him. **Here's a brief history...**

The New Country (USA) was formed on March 1, 1781 with the adoption of the Articles of Confederation. This is not that old southern confederacy of the Dixie states. The Articles of Confederation is defined as the agreement under which the 13 colonies were created and established. This is when the USA adopted a federal form of association. The A.O.C. gave too much power to the member states and not enough to the central government and was replaced by what we know today as the Constitution of the United States of America. This document was proposed on June 11, 1776 and was agreed upon by Congress on November 15, 1777. Only 1 out of the 13 colonies refused to sign it; Maryland. Maryland was afraid that New York and Virginia held too much land and would be too powerful and influential in the new Congress.

Once the document was signed a president was needed to run the country. John Hanson was chosen collectively by Congress including George Washington due to the fact that no one else chose to run against him. No one had been president before, so he had his hands full trying to run the country and set the role of the office. His decisions would set the standard for all future Presidents. He took office at the end of the Revolutionary War and had to deal with the troops demanding to be paid. He was faced with running the country by himself because all of the members of Congress ran for their lives.

The troops threatened a coup d'état of the government and place George Washington as the Monarch. Hanson was able to calm down the troops. If he had failed the people of the land would have been bowing to King George Washington. President Hanson sent his brother Samuel Hanson to George Washington with 800 pounds of Silver to provide the troops with shoes.

Here are some of his other accomplishments:

- He ordered the removal of all foreign troops and flags off American soil.
- He established the Great Seal of the United States which all Presidents must use on all official documents.
- He established the first Treasury Department, Foreign Affairs Department and the Secretary of War.
- He also declared that the 4th Thursday of November to be Thanksgiving which it still is to this day.

So why only 1 year as President instead of 4?

The A.O.C. only allowed a 1 year term in a 3 year period. I would say he accomplished a lot in such a short time.

So why aren't we still under the Articles of Confederation?

They didn't work because the individual states had too much power and plenty of natural resources. They couldn't agree on central issues therefore a new doctrine had to be written...The Constitution.

John Hanson, the first President of the United States under the of Confederation, a colored guy, not of mixed blood with ebony toned skin, grey hair, who wore glasses, was a distinguished man in this country. According to World Book Ency. John Hanson was a Moor, in Ancient history the Romans called the people of Northwestern Africa the 'Mauri' after the region they lived. This is the same root word used for Morocco.

FYI

President John Hanson in his position as President is pictured on the back of 'rare' \$2.00 bills. He is shown with the Continental Congress while the Declaration of Independence is being signed. His image is missing in the original painting hanging in the U. S. Capitol Rotunda.

Notes:

* Articles of Confederation replaced with A.O.C. et al

** This article was shorted due to limited space by the editor.

References:

World Book Encyclopedia
Dickgregory.com

~HEALTH CORNER~



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Cold Sores/Fever Blisters

By BJ Israel

Cold Sores are painful blisters that form on the skin or mucous membranes such as the mouth. They are contagious on contact, so avoid kissing anyone because once in the body, the virus remains for life.

Cold sores are caused by the herpes simplex virus and more than likely you were exposed to this virus as a child from a relative kissing you while his (her) herpes simplex was infectious. The virus made its way into your mouth and attached itself to a cell (probably a nerve cell) and ordered the DNA in the host cell to replicate it. For the most part the herpes simplex virus lies dormant in your body, but occasionally it will make its way through your nerve highway until it reaches the surface of your skin. Once this happens you will start to feel a tingling sensation alerting you to another outbreak. Eruptions can occur due to illness, lowered immunity, poor diet, and over-exposure to sunlight and stress.

Here are some things you can do to start the healing process once you have an outbreak:

- Keep the cold sore clean and dry
- Protect with petroleum jelly
- Zap it with Zinc
- Daily dose of Lysine (2000 mg)
 - Avoid if pregnant
 - Foods rich in Lysine are dairy products, potatoes, kidney beans, eggs, chicken, fish, meat and brewer's yeast
- Break the cold sore and dab it with witch hazel or alcohol to dry it out
- Soften it with an OTC (Over the counter) ointment containing phenol or camphor
- Use of an oral anti-viral drug may be needed in severe cases
- Avoid sunlight and wind
- Freeze dry it. (Once you feel that tingling sensation, freeze the area with ice)

Here are some helpful tips to avoid getting an outbreak:

- Avoid sunlight and wind
- Replace your toothbrush
- Use small tubes of toothpaste instead of a large one because more than likely the virus will migrate onto the tube from your brush
- Don't leave your toothbrush in the bathroom. Moist environments breed the virus which can live for days on your toothbrush
- Avoid 'arginine-rich' foods. The herpes virus needs arginine (an essential amino acid) for its metabolism. Some foods containing arginine are...
 - Chocolate
 - Peas
 - Grain cereals
 - Peanuts
 - Gelatin
 - Cashews
 - Cola
 - Beer
 - Seeds
- Get plenty of Vitamin C and E
- Relaxation (Avoid Stress)
- Exercise

Cold sores can be embarrassing and cause undue stress, but the number of outbreaks can be dramatically reduced if you treat them before they occur. Prevention is the key. As always, consult with your physician before you take any herbal or mineral supplements.

References:

Encyclopedia of Healing Therapies
The Doctor's Book of Home Remedies



To Your Good Health...

This is a tribute to the memory of my late husband; Brother Henry Calhoun, of 53 years on June 19, 2007 who is missed so very much. We know, however, that nothing happens that Almighty God doesn't allow.

Our good health depends on what we eat and how we think. We need to eat clean and keep our bodies clean.

Please let us teach our children to always wash their hands well before eating or to at least use napkins or paper towels when handling food if they can't. A special thanks to Sis. Delores Buie for sharing her knowledge about beet sugar, which is better for the body than 'regular' white sugar.

Beet sugar has many advantages including eliminating headaches! And it can be found at most health food stores. Regular 'white' sugar on the other hand has been reported to be worse on the body than cocaine! Honey is also a great and more health-beneficial substitute.

Our spiritual health is all in the word of God. Are we reading God's word other than on the Sabbath day? Do we take inventory of ourselves to keep ourselves on track and seek to please the Almighty God? Are we seeking to find out what the Lord wants us to do for ourselves and for each other? Jesus said that what we do for the least of these we do for him (Mat. 25:40-45).

Food for thought:

Prov. 6:16-19

1John3:4

Ecc.12:13-14

Love,
Sister Calhoun (Two-Ma)



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MODEST APPAREL, *What does it say about us?*

By B. Jordan

In the above pictures, you decide; which woman is dressed modestly for the Sabbath or a 'high day'?

I was prompted to do another article about 'Modest Apparel' from a conversation I had with a Pace driver. It is not my intent to bash or criticize but to inform and perhaps persuade some sisters to rethink how they dress for the Sabbath and Feast days. With a brotherly (sisterly) kiss I've written this out of love.

Conversation with Pace driver...

As I was leaving the Annex on the first night of the feast of Unleavened Bread, the PACE driver who came to pick me up asked me "what is happening here?" He asked "is this a

church convention"? I said no, we had Passover yesterday and today we're having a feast, we keep the holy days written in the Bible. He said "I was wondering because there are a lot of people out here and a lot of food and some of the women are dressed like they're going to a night club and not a church event". His statements made me feel bad because I noticed as well that there were a few women and young girls dressed provocatively, showing too much skin, short skirts/dresses, cleavage and tight clothing. As servants of God we are supposed to dress modestly and walk in righteousness, which I told him, but some people either don't know that or were visitors or simply didn't care. He went on to say that while he was waiting for me to come out a woman was outside with her son, smoking and then she spit on the ground". I said, No, a woman spit? He said "yes, she did." Now to him smoking is a sin, but we know better, and yet this was a high Sabbath and no one should have been smoking.

He also stated that he heard people cursing, now I wonder, why is it that in the midst of being around each other that some of us seem to forget why we were there in the first place? The first night of the feast of Unleavened Bread, our ancestors were gathering their things, baking unleavened bread and coming together to leave Egypt. They were set free and yes, they were happy, but what happened when Moses went up to receive the commandments from God? The people went wild and lost their way. We shouldn't follow in their footsteps and forget why we celebrate God's feast days. The light that God shines through us is to be present always; no one should ever be able to say anything against us because of our behavior. They should always have positive things to say because we know God, and therefore when other people see us they will know that there's something different about us and that we aren't walking in the flesh, but in the spirit.

The PACE driver's mind was made up... 'THOSE PEOPLE ARE SINNERS'. The only thing I said to him was that the wheat must grow with the tares [and I'm not calling everyone who dressed provocatively, smoked a cigarette or cursed a tare], and that no congregation has all wheat and no tares in it. He said, true and that was the end of the conversation.

What is modest apparel and what does the Bible say about it?

Modest means...

1. Having or showing a moderate or humble estimate of one's merits, importance, etc.; free from vanity, egotism, boastfulness, or great pretensions.
2. Free from ostentation or showy extravagance: a modest house.
3. Having or showing regard for the decencies of behavior, speech, dress, etc.; decent: a modest neckline on a dress. Therefore modest apparel isn't showy or revealing.

The Bible says this about modest apparel...

1 Timothy 2:9 In like manner also, that women adorn themselves in modest apparel, with shamefacedness and sobriety; not with broided hair, or gold, or pearls, or costly

array; 10 But (which becometh women professing godliness) with good works.

Brothers and Sisters please understand that we are being watched all the time, not only by each other but by other people and most importantly by our God. Modesty applies to ALL of us, women and men alike. Let's try to do better and grow in the faith and be representatives of God's light.

Peace in Jesus' name!

'Did You See It?'



© istockphoto.com/YinYang



Knowing: The Movie

A Review by Bro. James D. Shaw



"Knowing" the movie stars Nicholas Cage as a scientist who discovers that a piece of paper holds the key to predicting global events. During this particular movie, I saw nothing but falsehood and deceit. The special effects were some of the best I have ever seen, which swayed and dazzled the audience into the arms of the rapture doctrine.

The story begins in the 1950s', with a little girl hearing whispers from a man in black. Her class was to put pictures in a time capsule to be opened 50 years in the future. She writes down a page full of numbers that seem erratic but doesn't get to finish. Does that sound familiar? This scene reminded me of the 12th chapter of Daniel. There the angel tells Daniel of a time of trouble like none other since there was a nation. He also tells Daniel of the resurrections. In verse 7, Daniel was told to go his way for the words were to be sealed until the time of the end.

It is now 50 years later, supposedly, the time of the end. This scientist puts doubt in the Creation and embraces Evolution. The scientist attends his son's school's opening of the time capsule. His son takes the paper home where the scientist finds correlations to global catastrophes in sequence up to the present day. He later discovers that other sets of numbers on the paper are longitude and latitude locations of where each catastrophe occurred or is to occur. His son, at this time began hearing the whispers of two men in black. Only children seemed to be the ones hearing the whispers. We know that God reveals his secrets to his servants. This was being pushed on the children. The scientist then went on the hunt to finish the paper the little girl started and found the remaining answer which was the location of where to go and the letters

EE. At the world's destruction, **everyone else** on the planet, which is what EE stood for, was to die. While searching for clues, he runs across a bible and pauses at the book of Ezekiel the 1st chapter which had a graven image of what appeared to be Christ coming to rapture the called. Also, on the corner of the page was a drawing of a four headed cherubim.

By this time, the scientist discovers that the world is going to experience a solar flare which is going to destroy the Earth by fire. Befriended by a woman and her daughter, the children were told by the men in black that they were welcome to go with them if they wanted. Only those who were called were allowed to go. Brothers and sisters, we must not be deceived by such foolishness. I was glad that I understood the level of deceit in this movie and upset that it appeared that the audience was embracing it. We know how we are known, called and chosen. We know that the Father must draw you. We are not here by accident. I John 2: 3-4, tells us that we know God if we keep his commandments. To say you do and don't keep his commandments which is his word concludes that you are a liar and that there is no truth in that person. I never once heard anything about keeping the law! There were no existing criteria to being part of those saved except hearing someone whispering to you.

We know that we must keep his commandments, holy days, statutes and so forth. Furthermore, I Thessalonians 4: 16-17, explains that the Lord will descend from heaven with a shout with the voice of an archangel, and with the trump of God, and the dead in Christ are to be resurrected first. Those that are still living will ascend to meet the Lord in the air. This was not the case in this movie. We also know that in Zechariah the 14th chapter, we are all coming back down to this Earth. They jumped clean past Armageddon! We know that to live and die in Christ is to live according to some criteria which qualify you in the running for salvation. This movie tells the people that they do not have to work for their salvation!

At the movie's conclusion, the graven image in that bible in Ezekiel 1st chapter, was referring to God coming to rapture the called as they, through special effects tried to show a fiery cloud enfolding with rings and brightness coming down to rapture the children only. The four-faced cherubims were also described in that chapter. This was supposed to be a clue to who the men in black were. The scientist was told that he could not go. Only those who heard the call were allowed to leave the planet. He was among those that were 'left behind'. The Lord never mentioned stealing anyone off this world! When he questioned who they were, they changed to so-called spirit being with two wings, not six, as cherubim angels have, and then ascended into the cloud enfolding with rings with the children (so-called rapture) who were still flesh and blood. At this time, you saw more people leaving the planet. The Earth was then destroyed. Worse yet, when they were taken to another planet to start over, the movie closed with the children running towards a large white tree in the distance which implies it was the tree of life. We know that

the Tree of life is not a literal tree! We know that Jesus is the Tree of Life.

As I said before, the special effects of this movie would dazzle many to believing this false doctrine, especially if they have no knowledge. By way of movie theaters, the devil can spread his false doctrine over the entire planet in a short time. This movie had me twitching just a little after 20 minutes. By its end I was upset. We don't need a bunch of numbers on a piece of paper to predict the end time. The world is truly drunk with false doctrine. We have the Holy Bible which they too have but don't read. Because of the Lord's abundant mercy and love, he made a way for us to know about the world's history as told by the prophets. We know about the beast and the false prophet, the great tribulation, Armageddon, how the Lord is coming and what is to become of all mankind and this Earth.

Praise God in the name of Jesus that we can recognize the false doctrine the devil is putting out there which is in this movie.

JULY 2009 EVENTS

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12 Annual Summer Giveaway	13	14	15	16	17	18
19	20	21	22 New Moon begins @4:35 AM J.T.	23	24	25
26	27	28	29	30	31	

Research Committee News!



To view a complete list of updates please see the Product Updates Page on the Research Committee Website at: www.theisraelofgodrc.com

UPDATES!

Natural Desserts Brand Products (Health food stores)

Gel Dessert (Gelatin) is Vegan (non-animal) and gluten free and is designated **Clean**

Instant Pudding Mixes are Vegan and gluten free and are designated **Clean**

NUTRA DRINK BRAND nutrition drink is lactose and dairy free, and contains no pork derivatives, it is designated **Clean**

conSup North America (Aldi Product)

Belmont Vanilla Cream Wafers contain mono-diglycerides made from lard (pork fat) and are designated **Unclean**

Cinnabon Inc.

Cinnabon Inc. no longer uses l-cysteine (duck feather source) in their products. All products are pork, lard, beef tallow, rennet and gelatin free and are designated **Clean**

Panera Bread

Bagels (All Varieties) contain L-cysteine and are designated **Unclean**

Breads & Pastries contain mono-diglycerides from vegetable sources and are designated **Clean**

Cheeses are made with non-animal enzymes except for the Asiao, Feta & Gorgonzola, the enzymes come from either calf, kid or lamb sources not pork and are **Clean**

Butterball Products

Fresh Sweet Italian Turkey Sausage, Fresh Turkey Bratwurst, and the Fresh Hot Italian Turkey Sausage, are made with pork casings and are designated **Unclean**.

Fresh Turkey Breakfast Sausage Links has a collagen casing...need more info about natural flavorings. **Status-Pending**

Spring Valley (Wal-Mart Brand)

Fish Oil Supplement is made with gelatin from beef. The oils are from cod, anchovy, mackerel, sardine and jack fish. It is designated **Clean**

General Mills

Buggles (All Varieties) have natural flavor ingredients that are sourced from pork. They are designated **Unclean**

Clyde's Donuts (also sold at Jewel's)

Clyde's donuts contain mono-diglycerides made from soy-bean oil. They are certified kosher by the OU, but as a reminder, make sure that the donuts you purchase do not contain L-Cysteine; those are the only ones that are **Clean**

Sundown Naturals

Kids Spiderman Multi Gummies contain pork gelatin are designated **Unclean**. All products containing gelatin are **Unclean**.

Pizza Hut

ALL OF THEIR SAUCES WHERE SHRIMP IS ON THE MENU MAY HAVE SHELL FISH CROSS-CONTAMINATION. (We are still waiting on a response from their corporate offices about their ingredients. Until then avoid the restaurants where shell fish is on the menu.)

THE GARLIC & CHEESY GARLIC BREAD CONTAINS L-CYSTEINE AND IS UNCLEAN.

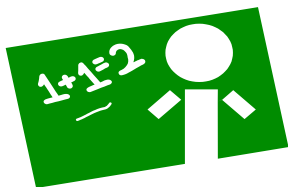
ALL OF THE TUSCANI PASTAS, BREADSTICKS, AND GARLIC PARMESAN BONE IN WINGS WHERE SHRIMP IS ON THE MENU MAY HAVE SHELL FISH CROSS-CONTAMINATION. (STATUS IS PENDING.)

La Mas Raca

Flour Tortillas contain L-Cysteine and are unclean.

**RESEARCH COMMITTEE
RESTAURANT STATEMENT**

In our quest to give you the most accurate information available to us we find that it is profoundly evident that cross-contamination of foods served in restaurants with ingredients that are unclean, i.e. pork, bacon, ham, shell fish, etc. is inevitable. Therefore, it is incumbent upon each of us to eat at his or her, own discretion. We cannot in good faith say that food in a restaurant where unclean ingredients/foods are prepared and served is Clean.



An Obituary printed in the London Times...

Today we mourn the passing of a beloved old friend, Common Sense, who has been with us for many years. No one knows for sure how old he was, since his birth records were long ago lost in bureaucratic red tape. He will be remembered as having cultivated such valuable lessons as: Knowing when to come in out of the rain; Why the early bird gets the Worm; Life isn't always fair; and Maybe it was my fault.

Common Sense lived by simple, sound financial policies (don't spend more than you can earn) and reliable strategies (adults, not children, are in charge).

His health began to deteriorate rapidly when well-intentioned but overbearing regulations were set in place. Reports of a 6-year-old boy charged with sexual harassment for kissing a classmate; teens suspended from school for using mouthwash after lunch; and a

teacher fired for reprimanding an unruly student, only worsened his condition.

Common Sense lost ground when parents attacked teachers for doing the job that they themselves had failed to do in disciplining their unruly children.

It declined even further when schools were required to get parental consent to administer sun lotion or an aspirin to a student; but could not inform parents when a student became pregnant and wanted to have an abortion.

Common Sense lost the will to live as the churches became businesses; and criminals received better treatment than their victims.

Common Sense took a beating when you couldn't defend yourself from a burglar in your own home and the burglar could sue you for assault.

Common Sense finally gave up the will to live, after a woman failed to realize that a steaming cup of coffee was hot. She spilled a little in her lap, and was promptly awarded a huge settlement.

Common Sense was preceded in death, by his parents, Truth and Trust, by his wife, Discretion, by his daughter, Responsibility, and by his son, Reason.

He is survived by his 4 stepbrothers: I Know My Rights; I Want It Now; Someone Else Is To Blame; and I'm A Victim.

Not many attended his funeral because so few realized he was gone. If you still remember him, pass this on. If not, join the majority and do nothing.

F.Y.I.

The Israel of God Class Times:

Wednesday----- 7:30 P.M.

(Question & Answer Night)

Friday----- 7:30 P.M.

(Friday Night Prayer Service: Dress code applies)

Saturday-----10:00 A.M. and 1:30 P.M.

(Sabbath Day Lesson)

Live Broadcast:

http://israelofg-israel.wm.llnwd.net/israelofg_israel



The Bible Speaks...

Chicago and Suburbs –

Chicago- Tuesday's @ 7:00pm and Wednesday's

@ 9:00AM Channel 36 on Comcast cable.

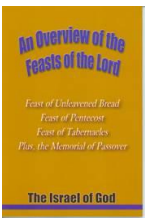
Memphis- Sunday 6:00AM on UPN 30



Tithes and Offerings are to be placed in the envelopes available by the usher's booth as you enter the building or you may mail them to the address at the bottom of the page. **Please remember to fill the front and the back of them out completely.** Also, please put **your check number on the front lower right side of the envelopes.** Tithes are 10% of your Net Income. If you redeem your tithes, you must add an additional fifth (20%) of your tithes to it.



The Four Winds of Heaven is an excellent book that deals with the Tribulation, The so-called 'Rapture', and other End-Time prophecies. Please check with the office to get further information about obtaining a copy.



An Overview of the Feasts of the Lord: is the latest book by the I.O.G. It looks at three of the feasts of the Lord, and explains each one, as well as giving an explanation of how to properly observe them. Visit the I.O.G. website to order a copy or purchase one from the office.

Special Notices:

■ **The Passover Fund** is an annual fundraiser. The goal is for each adult to contribute \$500.00 from one Passover to the next. This will give adults a whole year to raise their contribution. If this will be a hardship to you, and your family please contribute what you can. All contributions are greatly appreciated. Thank You!

■ **The Building Fund** is set up to raise money to build and/or purchase a larger facility for the class. The goal is for each adult to contribute \$10.00 every week, but if this is a hardship to you and your family please contribute what you can. Thank You!

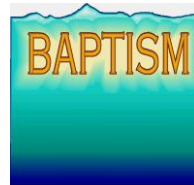
■ **The T.V. Ministry Fund** is set up to help raise money for the T.V. Programs on C.A.N. TV in Chicago, as well as the Memphis and Atlanta programs. If you can contribute \$25.00 a week or whatever you can to this fund it would be greatly appreciated.

Our Condolences

To the Brady family on the loss of Sister Rose Brady

To Bro. Jeremiah Wright and Sis. Eve Wright on the loss of her sister, Edith Clayton

To Bro. Vernon Cole on the loss of his 97 year old friend, Carl Hudson



NEXT BAPTISM...

The next **Baptism** will be on **July 11th, 2009.** If you are interested in being baptized please see Brother Cornell to have your name put on the list. All Baptisms will be after the second class.

► **Garden Tip...**

Use 1 quart of water and 2 tsp of Oil of Peppermint to keep squirrels, cats and dogs out of your garden. Just spray it on your plant pots and foliage and they will stay away.



- A Pictorial History of the Italian Peoples
- Atlas of the Bible
- An Overview of the Feast of the Lord
- Grolier Encyclopedia
- King James Bible
- Strong's Exhaustive Concordance
- The Four Winds Of Heaven
- The Last Two Million Years
- World Scope Encyclopedia
- Zondervan's Compact Bible Dictionary



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Who is Jesus?

Submitted by Sis. Keturah

WHO IS HE?

IN **CHEMISTRY**, HE TURNED WATER TO WINE.

IN **BIOLOGY**, HE WAS BORN WITHOUT THE NORMAL CONCEPTION;

IN **PHYSICS**, HE DISAPPROVED THE LAW OF GRAVITY WHEN HE ASCENDED INTO HEAVEN;

IN **ECONOMICS**, HE DISAPPROVED THE LAW OF DIMINISHING RETURN BY FEEDING 5000 MEN WITH TWO FISHES & 5 LOAVES OF BREAD;

IN **MEDICINE**, HE CURED THE SICK AND THE BLIND WITHOUT ADMINISTERING A SINGLE DOSE OF DRUGS,

IN **HISTORY**, HE IS THE BEGINNING AND THE END;

IN **GOVERNMENT**, HE SAID THAT HE SHALL BE CALLED WONDERFUL COUNSELOR, PRINCE OF PEACE;

IN **RELIGION**, HE SAID NO ONE COMES TO THE FATHER EXCEPT THROUGH HIM; SO, WHO IS HE?

HE IS JESUS!

Jesus had no servants, yet they called Him **Master**.
 Had no degree, yet they called Him **Teacher**.
 Had no medicines, yet they called Him **Healer**.
 He had no army, yet kings **feared Him**.
 He won no military battles, yet He **conquered the world**.

He committed no crime, yet **they crucified Him**.
 He was buried in a tomb, yet **He lives today**.
 I feel honored to serve such a Leader who loves us!

AMEN and AMEN!



Inspiration!

Psalm 119

¹⁰ With my whole heart have I sought thee: O let me not wander from thy commandments. ¹¹ Thy word have I hid in mine heart, that I might not sin against thee. ¹² Blessed art thou, O LORD: teach me thy statutes. ¹³ With my lips have I declared all the judgments of thy mouth. ¹⁴ I have rejoiced in the way of thy testimonies, as much as in all riches. ¹⁵ I will meditate in thy precepts, and have respect unto thy ways. ¹⁶ I will delight myself in thy statutes: I will not forget thy word. ¹⁷ Deal bountifully with thy servant, that I may live, and keep thy word. ¹⁸ Open thou mine eyes, that I may behold wondrous things out of thy law. ¹⁹ I am a stranger in the earth: hide not thy commandments from me. ²⁰ My soul breaketh for the longing that it hath unto thy judgments at all times. ²¹ Thou hast rebuked the proud that are cursed, which do err from thy commandments. ²² Remove from me reproach and contempt; for I have kept thy testimonies.

Praise the name of JESUS!



Tips for Disposal of Used Cooking Oil

by B. Jordan

Is your kitchen sink backing up? Do you dispose of cooking oil by pouring it down the drain? Used cooking oil should NEVER be poured down the sink or the toilet because it can thicken and clog up the pipes. Here are some useful tips for disposing of used cooking oil...

Disposing Used Cooking Oil

- Allow cooking oil to cool fully before handling.
 - If the amount of cooking oil is small, carefully pour it into a strong sealable container such as a coffee can, an old plastic or glass jar or a zip-lock bag if the oil is solid and deposit it in the trash.
- Scrape excess food waste from pots and pans into the garbage.
- Wipe pots, pans and cookware "clean" with a paper towel prior to washing.
- Dispose of the cooking oil with the residential garbage collection.

Reuse of Cooking Oil

- Decide if it can be reused.
- Some cooking oils used for deep-frying [such as peanut oil], can typically be reused several times before it needs to be disposed of.
- Strain the oil and store it in a sealable container for reuse.
- Some stores sell pots to recycle oil. The pots serve to store the oil once used and they have a strainer like fixture on top that collects all the loose particles.

Recycle used Cooking Oil

- Recycle large amounts of used cooking oil with the help of a cooperative local restaurant. Most restaurants have used grease bins whose contents are recycled into consumer products. Ask if you can add your used oil to their grease bin.
- Compost it. If you have a compost heap or a healthy backyard earthworm population, feed them kitchen scraps and cooled cooking oil.

References:

- <http://www.miamidade.gov>
- <http://www.ebmud.com>



Word of the Month

'TITULAR'
'TIT-U-LAR'

–adjective

1. Existing or being such in title only; nominal; having the title but none of the associated duties, powers, etc.: the titular head of the company.
2. From whom or which a title or name is taken: His titular Saint is Michael.
3. Of, pertaining to, or of the nature of a title.



SABBATH DAY LESSONS FOR APRIL~JUNE

DATE	TITLE
4-04-09	The Coming of The King of Israel To Proclaim His Kingdom In Peace And Take It By War
4-11-09	The Quickening: A Product of Keeping The Law
4-18-09	The Children of The Covenant
4-25-09	In All Thy Getting, Get Understanding
5-02-09	From Eden To The Kingdom: The Beginning To The Beginning
5-09-09	Marriage & Adultery
5-16-09	The Parable of The Sower of Seeds
5-23-09	Servants of God: Tried, Corrected & Blessed
5-30-09	400 Years of Captivity: Is It Now or In The Past?
6-06-09	The Promise & The Time of Its Fulfillment
6-13-09	Faith & Obedience
6-20-09	From Zedekiah to The Wilderness
6-27-09	From The Wilderness to The Kingdom

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Yvonne Scott	Abiel, & Sandra Friend	

PEACE IN JESUS' NAME!



PUZZLE OF THE MONTH

Fill in the Blanks; Find the Words!

Submitted by Sherrese Jordan

_____ the _____; for in them ye _____ ye have _____
 ____: and they are they which _____ of me. And ye will not come to me,
 that ye might have life. I _____ not _____ from _____. But I know
 you, that ye have not the _____ of _____ in you. I am come in my
 _____, and ye _____ me not: if _____ shall _____ in
 his own _____, him ye will _____. How can ye _____, which
 _____ one of another, and _____ not the _____
 that *cometh* from _____ only? Do not _____ that I will _____ you to
 the _____: there is _____ that accuseth you, *even* _____, in whom
 ye _____. For had ye _____, ye would have _____
 me: for he _____ of me. But if ye _____ not his _____, how
 _____ ye _____ my _____?

Some of the words in the scripture are duplicated;
 but in the word search they appear 1 time. Have FUN!

P	U	S	R	I	R	E	L	U	Z	B	A	S	E	Q
F	G	G	N	E	I	U	E	H	E	S	N	E	F	R
Y	T	N	G	O	C	V	O	L	Q	E	O	E	I	E
S	Q	I	F	S	O	E	I	N	S	O	T	K	L	H
R	R	T	P	L	E	E	I	U	O	M	H	F	V	T
H	V	I	O	X	V	R	C	V	E	H	E	U	L	A
G	P	R	V	E	C	C	U	N	E	N	R	A	Q	F
P	Q	W	L	L	A	H	S	T	W	P	N	R	T	S
H	C	R	A	E	S	O	S	R	P	R	G	Q	R	N
T	E	S	T	I	F	Y	O	D	E	I	H	P	U	B
E	D	D	D	O	G	T	M	T	R	C	R	O	S	K
N	A	M	E	E	E	E	E	O	U	O	O	C	T	N
C	Q	G	V	T	H	I	N	K	S	L	W	M	S	F
T	U	B	V	X	W	T	N	O	T	E	T	X	E	T
H	Q	Y	U	B	B	C	L	Y	F	N	S	Y	M	Q



The Israel of God

Presents

'HEALTH FAIR'

Saturday, August 22, 2009

5PM to 8PM

At

The I.O.G. Annex
2508 East 75th Street
Chicago, Illinois 60649

*Do you not know that your **body** is a **temple** of the **Holy Spirit**, who is in you, whom you have received from God?
1 Corinthians 6:19*



The topics for this fair will focus on...

- ▶ **Cancer**
- ▶ **Diabetes**
- ▶ **Prevention**
- ▶ **Maintenance**

Come join us and bring friends and family with you to our free health fair. We will have guests specializing in the treatment and prevention of Cancer and Diabetes. If you have questions about the topics we will be discussing, feel free to ask them during our Questions and Answers session.

For more information please contact Elder Norwood at 773-374-6413 or a member of the Prayer, Health and Spiritual Counseling Committee.

Sponsored by the Prayer, Health and Spiritual Counseling Committee



The Fruit of The Spirit!

GALATIANS 5:22-26

22. But the fruit of the Spirit is *love, joy, peace, longsuffering, gentleness, goodness, faith,*
23. *Meekness, temperance:* against such there is no law.
24. And they that are Christ's have crucified the flesh with the affections and lusts.
25. If we live in the Spirit, let us also walk in the Spirit.
26. Let us not be desirous of vain glory, provoking one another, envying one another.

Love

Deep affection and warm feeling for another. (Keeping the commandments of God).

Joy

Intense or elated happiness. To rejoice

Peace

The absence of war or other hostilities. Freedom from quarrels and disagreement; harmony

Longsuffering

patient; to endure

Gentleness

To be considerate or kind; not harsh or severe; soft, mild, easily managed or handled; docile

Goodness

The state or quality of being good

Faith

Confident belief or trust in a person, idea, or thing. Secure belief in God and the acceptance of God's will.

Meekness

Showing patience and humility; Submissive; passive

Temperance

Moderation and self-restraint

EPHESIANS 5: 9-12

(For the fruit of the Spirit is in all goodness and righteousness and truth;) Proving what is acceptable unto the Lord. And have no fellowship with the unfruitful works of darkness, but rather reprove them. For it is a shame even to speak of those things, which are done of them in secret.