1 Chronicles 29:11

Peace to all the Brothers and Sisters of the Israel of God Bible Study Classes.

**BULLETIN!**

The I.O.G. Newsletter is now a quarterly newsletter. Below is the schedule for the newsletter release dates and the months that each will cover:

- April (Covers months Jan. thru March)
- July (Covers months April thru June)
- October (Covers months July thru Sept.)
- January (Covers months Oct. thru Dec.)

The **Deadline** for submitting information to go into the Newsletter will be the 20th of March, June, September, and December. If your information isn’t received before the deadline dates it will have to wait for the next issue of the Newsletter. If you have an article you would like to submit to the Newsletter or have important information that you would like to share with the class, please contact one of the editors or leave it in the mailbox in the office before the deadline date.

Please include your phone number. **EVERYTHING MUST BE ON DISC (FLOPPY or CD) or in Printable Form to run as is, or Send it to the Newsletter Staff via email to NL@theisraelofgodrc.com** Thank you!

**Latest News…**

**New Moons For Oct-Dec…**
- October 29th, 2008 at 1:15 AM.
- November 27th, 2008 at 6:55 PM.
- December 27th, 2008 at 2:23 PM.

**Engagement Announcement…**
Congratulations to Calvin Clark and Kimberly Goodman (Memphis Camp) who became engaged on August 10th, getting married September 21st and having their wedding ceremony on March 8th, 2009.

**Prison Ministry…**
Brother Anthony Wright is looking for volunteers to join the Prison Ministry to teach, read and answer letters. If interested please see him ASAP.

**Wedding Announcement…**
Congratulations to Brother Vernon Augustus and Angela B. Holman who were married on September 27th, 2008.

**Annual Fashion Show…**
The Annual Fashion Show has a tentative date of Dec. 6, 2008. If you are interested in being a part of the show, please contact Brother Jeremiah for more information.

**The IOG Cook-A-Thon & Bake-Off…**
The Men of Israel & Daughters of Zion Cook-A-Thon and Bake-Off Competition has been rescheduled for May 2009. You can request an entry form at the kitchen area. Return all entry forms to the IOG office. All funds will go toward the Building Fund. Contact person: Zeruiah Robinson.

**Daylight Savings Ends…**
Daylight Savings ends on Sunday, November 2nd, 2008. Remember to set your clocks back 1 hour on this date.

**Scholarships for Minority Students Going Unclaimed…**
A large amount of scholarship money that has been set aside by companies for deserving minority students are either collecting dust or are being returned to businesses because of a lack of interest. Please visit the following web page for a list of these scholarships: [http://knightdalehs.wcpss.net/images/stories/File/Scholarship%20list%20for%20minority%20students.pdf](http://knightdalehs.wcpss.net/images/stories/File/Scholarship%20list%20for%20minority%20students.pdf)

**S.A.G.A. EMPOWERMENT SERVICES CORPORATION (S.E.S.C.)**

We would like to thank, Brother Buie and the Israel of God members for your generous support of our Summer Fest fundraiser that was held on September 7th. Your commitment to helping S.E.S.C.’s mission of empowering families and individuals in crisis are greatly appreciated. If you have any questions or comments, or if you would like to make contributions or know more about SESC, or other ways you can become involved in our corporation or programs, feel free to contact us.

Respectfully yours,
S.A.G.A. EMPOWERMENT SERVICES, CORP.
Dawn Haley
Executive Director

The Israel of God Bible Study Class 2515 E. 75th Street, Chicago, Illinois 60649 773-374-6413 Email: nl@theisraelofgodrc.com
LIHEAP
(Low-Income Home Energy Assistance Program)

LIHEAP applications are now being accepted throughout September and October, for homes with senior citizens and disabled residents. Beginning October 1st, applications will be accepted for homes that are currently disconnected due to lack of payment. All other households meeting the eligibility guidelines can apply on and after November 1st. Cook County residents in need of assistance with their utility bills should call CEDA's LIHEAP Hotline at 800-571-CEDA (2332), 8:00 a.m.—6:00 p.m. Monday – Friday.

Eligibility Requirements: To be eligible for LIHEAP, residents must be at or below 150% of the federal income poverty level and live in Cook County. LIHEAP applications can be taken at one of the intake sites located throughout Cook County. When applying for assistance, clients must bring in the following information:

- Proof of *gross income from all household members for the past 30 days.

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<th># Of residents in household</th>
<th>Gross Income for 30 days before application</th>
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- A copy of your current heat and electric bills (if you pay for your home energy directly).
- Proof of Social Security Numbers of all household members (Social Security Cards, a letter or printout from the Social Security Administration, or any other form of government-issued identification that shows both name and Social Security Number).
- If a member of your household receives TANF, you must bring their “Medical Eligibility Card”.
- If you rent and your utilities are included in the rent, bring proof of your rental agreement that must state your monthly rent amount and that your utilities are included in the rent.
- Proof of home ownership is required for furnace.

Most applications take at least 30 days to process, so clients must be patient. Clients will receive written notification of their approval for LIHEAP funds. If the client is approved, money is either given directly to the utility company or, if the clients' utility bills are factored into their monthly rent payment, given directly to the client.

* For households with more than three residents please visit CEDA’s website below to view a complete chart of gross incomes.

CEDA’s Website

Unclean Fowl/Birds
By Abiel Lyda

Every so often the subject of which fowl/birds are clean or Unclean comes up for discussion. The following is an in depth look, into this question.

Webster's Dictionary

Swan: web-footed waterfowl with a long, graceful neck.

Goose: any of/from various long-necked, web-footed, domestic waterfowl that are like ducks but larger.

Cormorant: any of/from a family of large, voracious, pelecaniform diving birds with webbed toes and hooked beak.

Pictorial Bible Dictionary

Pelican, like cormorant, have webs between all four toes, which enable them to pursue the fish they eat.

Swan: member of/from the duck and goose family but with a long neck [KJV], but of the "water hen " in RSV, "horned owl" unclean bird of Leviticus 11 ARV, "little owl" yet it is included in the list of unclean birds, it is more than likely the meat-eating owl rather than the vegetarian swan.
Deut 14:12-19

TANKH Hebrew-English JPS Bible speaks of this bird as being called the white owl, yet still it is in the list of unclean birds. (Torah) Leviticus 11:13,18 The following you shall abominate among the birds.

Complete Jewish Bible Translation by David H. Stern states that the following creatures of the air to be detestable for you, the horned owl. Leviticus 11:13,18

Catholic Book Publishing Company The New American Bible of the birds, these you shall loathe and, as loathsome, they you shall not eat, the barn owl. Leviticus 11:13,18

Life Application Bible These are the birds you are to detest and not eat because they are detestable to you, the white owl. Leviticus 11:13,18

Swan
Twentieth-Century Dictionary Unabridged (AS, swan; common to the Teutonic Languages D.zwaan; Ice. svanr; Sw. svan; Dan. svane G. schwan) Wild Swan or Hooper (Cygnus Musicus). Black Swan (Cygnus Atratus).

Strong’s Exhaustive Concordance of The Bible 8580 (tan-she-meth) Hebrew tanshemeth. prop. a hard breather, i.e. the name of two creatures, a lizard and a bird (both perh. from changing color through their irascibility = quick-tempered ), pro. tree-toad is probably the lizard or a common Chameleon. The ibis water-hen is the swan: mole, swan.

Note that all of these birds which are listed fall under the category of unclean birds. Genesis 1:31 And God saw everything that he had made, and, behold, it was very good.

This does not mean that everything is good for consumption. Read Leviticus 11:44-47.

Research Committee News!

To view a complete list of updates please see the Product Updates Page on the Research Committee Website at: www.theisraelofgodrc.com

UPDATES!

Nature Made
Iron 65mg is animal free and designated Clean
Cod Liver Oil is made with Pork Gelatin, Unclean

McKee Foods
LITTLE DEBBIE Marshmallow Treats contain Kosher Gelatin made from beef and are designated Clean.

What is ‘Hidradenitis Suppurativa’?

According to the AOCD (American Osteopathic College of Dermatology), Hidradenitis is a chronic disease of the apocrine glands (a form of sweat gland found on certain parts of the body). For unknown reasons, people with hidradenitis develop plugging or clogging of their apocrine glands. It causes chronic scarring and pus formation of the underarms (axilla) and groin/inner thigh areas. In women it can also occur under the breasts. It is similar to acne, which is also a disease of the sebaceous glands. Hidradenitis is more common in people who have had acne. It may also be an unusual type of adult acne.

This condition is slightly more common in women and African-Americans. Hidradenitis usually starts as one or more red, tender, swellings in the groin or armpits. Over a period of hours to days the lesions enlarge and often open to the skin surface draining clear to yellow fluid. The involved area then heals with scarring. The condition usually continues for years with periods of flare and remission.

Bacterial infection produces the pain and odor. Hidradenitis is made worse by being overweight, however this condition is not caused by obesity and weight loss will improve but not cure hidradenitis. This disease may become worse under stress and is not caused by poor hygiene.
Treatments

Here is a list of some of the treatments available for this disease:

- **Oral antibiotics** (minocycline, tetracycline, erythromycin, Augmentin, and others).
- **Topical antibiotics** (clindamycin or erythromycin).
- **Intra-lesional injections** into the affected places reduce swelling and tenderness within days.
- **Anti-inflammatory pills** (Celebrex, Advil, Naprosyn, Alleve, and others) are helpful in addition to the antibiotics, especially if it is a severe case. Some women respond to high estrogen birth control pills.
- **Retin-A cream**, a prescription, helps some people.
- **Accutane**, a drug for severe acne, offers modest help for moderately bad cases.
- **Surgery** is the most effective treatment for unmanageable hidradenitis. Aggressive surgery will cure an area of severe, chronic hidradenitis but it involves the removal of scarred tissue or even large areas of skin. Skin grafts may be needed. Due to the fact that surgery scars the skin and may present complications, medical treatments are usually tried first.
- **Incision (lancing) and draining** will consistently help smaller affected areas.
- **Tight fitting clothing and shaving** the areas are to be strictly avoided. Dirt does not cause hidradenitis. The involved areas should be cleaned daily using an antibacterial soap, as this will reduce any odor associated with this condition. There is medical control, but **no cure** for hidradenitis.

For more information there is an organization to help people with this disease, **Hidradenitis Suppurativa Foundation, Inc.** [http://www.hs-foundation.org](http://www.hs-foundation.org)

References:

American Osteopathic College of Dermatology
[http://www.aocd.org/skin/dermatologic_diseases/hidradenitis_supp.html](http://www.aocd.org/skin/dermatologic_diseases/hidradenitis_supp.html)

*Everyday Health, List of Treatments*

The Benefits of Having a Patient Advocate…

By B. Jordan

What exactly is a patient advocate? A patient advocate is a liaison between the patient and the hospital staff. This person can be a family member, friend or someone trained in that capacity from the hospital. The duties of a patient advocate can range from making sure that the hospital staff are performing their jobs correctly, speaking on behalf of the patient, making sure that pain is managed responsibly, contacting family and friends of the patient, as well as alleviating stress by helping the patient with whatever needs they may have.

I’m sure most of us at one time or another has been admitted into a hospital, and I’m sure that some of us have horror stories to tell. It is never good to go into a hospital alone. Try to always have someone you trust to accompany you or request a patient advocate be sent to you as soon as possible. Having a patient advocate can help to alleviate your fears because your comfort level goes up and your stress goes down. Especially if you just had surgery, you can’t stay calm because you’re coming out of anesthesia and you’re alone. But knowing that someone is there can help you through that process. Make sure that the nurses know that you have family and that you want them present when you come out of recovery. Remember your rights. If you feel you aren’t being treated properly, just ask for a patient advocate if you have no family present. Once you get to your room, pick up the phone and dial ‘0’ for the operator and ask for administration and make a complaint. Someone will come to your room to make out a report.

Understand that you are there to get help and you are entitled to the best care available. If they want to draw your blood, don’t allow them to make multiple attempts. Ask for someone else or a nurse or phlebotomist who knows what they’re doing. Also, don’t let them stick you with the same needle more than once. You don’t want to get an infection from being in the hospital. All hospital staff are suppose to wash their hands and use gloves. Be safe and take care, and remember to follow the protocol set forth in the Bible. **James 5:14** - Is any sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord: Let them do this before any procedure. God Bless!
The Israel of God Class Times:
Wednesday----------------- 7:30 P.M. (Question & Answer Night)
Friday------------------------ 7:30 P.M. (Friday Night Prayer Service: Dress code applies)
Saturday--------------------- 10:00 A.M. and 1:30 P.M (Sabbath Day Lesson)

Live Broadcast:
http://israelofg-israel.wm.llnwd.net/israelofg_israel

F.Y.I.
The Bible Speaks…
Chicago and Suburbs –
Chicago- Tuesday 7:00pm and Wednesday 9:00am Channel 36 on Comcast cable.
Memphis- Sunday 6:00am on UPN 30

Tithes and Offerings are to be placed in the envelopes available by the usher’s booth as you enter the building or you may mail them to the address at the bottom of the page. **Please remember to fill the front and the back of them out completely.** Also, please put your **check number** on the front lower right side of the envelopes. Tithes are 10% of your Net Income. If you redeem your tithes, you must add an additional fifth (20%) of your tithes to it.

The Four Winds Of Heaven is an excellent book that deals with the Tribulation, The so-called ‘Rapture’, and other End-Time prophecies. Please check with the office to get further information about obtaining a copy.

An Overview of the Feasts of the Lord: is the latest book by the I.O.G. It looks at three of the feasts of the Lord, and explains each one, as well as giving an explanation of how to properly observe them. Visit the I.O.G. website to order a copy or purchase one from the office.

Special Notices:
- **The Passover Fund** is an annual fundraiser. The goal is for each adult to contribute $500.00 from one Passover to the next. This will give adults a whole year to raise their contribution. If this will be a hardship to you, and your family please contribute what you can. All contributions are greatly appreciated. Thank You!

- **The Building Fund** is set up to raise money to build and/or purchase a larger facility for the class. The goal is for each adult to contribute $10.00 every week, but if this is a hardship to you and your family please contribute what you can. Thank You!

- **The T.V. Ministry Fund** is set up to help raise money for the T.V. Programs on C.A.N. TV in Chicago, as well as the Memphis and Atlanta programs. If you can contribute $25.00 a week or whatever you can to this fund it would be greatly appreciated.

**Next Baptism…**
The next Baptism will be on November 8th, 2008. If you are interested in being baptized please see Brother Cornell to have your name put on the list. All Baptisms will be after the second class.

**Our Condolences**
To Sharon Chester and family on the loss of her husband, Thomas Chester (Maryland)
To Sister Carolyn and family on the loss of her sister, Sheila Hannen
To the Graham family on the loss of their son, Willis Graham
To Hoover & Frances Thomas (grandparents) and Paulette Robinson (mother) on the loss of Craig Stephan Robinson

**I.O.G. Contact Information**
ATLANTA, GEORGIA
4957 Redan Road
Stone Mountain, GA 30088
Phone: (404) 298-9393
Fax: (404) 298-9324
Http://www.theisraelofgodatl.com/
Contact Person: Bro. Jezreel
He stormed over to my car, looked up at me, and shouted, 'I AM NOT HAPPY!!!'

So, I looked down at him and said, 'Well, then which one are you?' And then the fight started...

### SABBATH DAY LESSONS FOR JULY-SEPTEMBER

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The Israel of God Bible Study Class 2515 E. 75th Street, Chicago, Illinois 60649 773-374-6413 Email: nl@theisraelofgodrc.com
Psalm 118

1 O give thanks unto the LORD; for he is good: because his mercy endureth for ever. 
2 Let Israel now say, that his mercy endureth for ever. 
3 Let the house of Aaron now say, that his mercy endureth for ever. 
4 Let them now that fear the LORD say, that his mercy endureth for ever. 
5 I called upon the LORD in distress: the LORD answered me, and set me in a large place. 
6 The LORD is on my side; I will not fear: what can man do unto me? 
7 The LORD taketh my part with them that help me: therefore shall I see my desire upon them that hate me. 
8 It is better to trust in the LORD than to put confidence in man. 

Praise the name of JESUS!

Interesting Video:

Christmas Unwrapped: Pagan Origins
http://video.google.com/videoplay?docid=7951618892821637153&q=salite+103&hl=en

GOOD INFORMATION TO KNOW:
submitted by B. Cashaw

1. Pam cooking spray will dry finger nail polish
2. Cool whip will condition your hair in 15 minutes
3. Mayonnaise will KILL LICE; it will also condition your hair
4. Elmer's Glue- paint LICE; it will also condition your hair
5. Minor burn – Colgate or Crest toothpaste
6. Burn your tongue? Put sugar on it!
7. Arthritis? WD-40Spray and rub in, kill insect stings too
8. Bee stings - meat tenderizer
9. Puffy eyes - Preparation H
10. Paper cut - crazy glue or Chap Stick (glue is used instead of sutures at most hospitals)
11. Athletes feet – cornstarch
12. Fungus on toenails or fingernails - Vicks vapor rub
13. Pam will remove paint, and grease from your hands! Keep a can in your garage
14. Heavy dandruff - pour on the vinegar!
15. Wine stains, pour on the Morton salt and watch it absorb into the salt.
16. Remove labels off glassware etc. rub with Peanut butter!
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